



	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Outdoor (Indoor slot)	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Outdoor (Indoor Slot)	Outdoor	Outdoor (Indoor Slot)	Outdoor
Year 3	Cross country and Fitness	Tag Rugby	Gymnastics	Football	Gymnastics 2	Hockey	Dance	Netball	Tennis	Cricket	Swimming	Athletics
Year 4	Cross country and Fitness	Tag Rugby	Gymnastics	Football	Dance	Hockey	Basketball	Netball	Gymnastics 2	Cricket	Tennis	Athletics
Year 5	Cross country and Fitness	Tag Rugby	Gymnastics	Football	Dance	Netball	Basketball	Hockey	Gymnastics 2	Cricket	Tennis	Athletics
Year 6	Cross country and Fitness	Tag Rugby	Gymnastics	Football	Dance	Netball	Tennis	Hockey	Basketball	Cricket	Gymnastics 2	Athletics
	Cross Country Parents v kids Tag Rugby		Parents v kids Football		Tug of war				Race for life Parents v kids Cricket		Camp out Sports day Camo day	
KPIs	Use running, jumping, throwing and catching in isolation and in combination Take part in outdoor and adventurous activity challenges both individually and within a team	Use running, jumping, throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team	Develop flexibility, strength, technique, control and balance Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team	Develop flexibility, strength, technique, control and balance Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team	Develop flexibility, strength, technique, control and balance Perform dances using a range of movement patterns Compare their performances with previous ones and demonstrate improvement to achieve their personal best	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team	Use running, jumping, throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending take part in outdoor and adventurous activity challenges both individually and within a team	Use running, jumping, throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending take part in outdoor and adventurous activity challenges both individually and within a team	Use running, jumping, throwing and catching in isolation and in combination Develop flexibility, strength, technique, control and balance